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Hemodynamic Assessment basics, shunts and resistance calculations

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No conflicts of interest to declare

DIAGNOSTIC CATHETERISATION

- Pressure measurement
- Obtain Sats

FOR:

- Cardiac output measurement
 - Fick method
 - Thermodilution
- Vascular resistance
- Shunt detection
- Gradients and valve stenoses

Right Heart Catheterisation Right Atrial Pressure

- "a" wave
 - Atrial systole
- "c" wave
 - Small upwards deflection in early systole
- "x" descent
 - Relaxation of RA
 - Downward pulling of tricuspid annulus by RV contraction
- "v" wave
 - End of systole. Corresponds with atrial filling against a closed TV
 - Smaller than a waveal compliance & amount of blood return
- "y" descent han a wave
 - TV opening and RA emptying into RV



Right Heart Catheterisation Abnormalities in RA Tracing

- Low mean atrial pressure
 - Hypovolemia
 - Improper zeroing of the transducer

Elevated mean atrial pressure (pulsatility in FV trace)

- Right ventricular failure
 - Valvular disease (TS, TR, PS, PR)
 - Left heart failure (MS, MR, cardiomyopathy)
- Increased pulmonary vascular resistance
- Pericardial effusion with tamponade physiology

Inspiratory Effect on Right Atrial Pressure

- Normal physiology
 - Inhalation: Intrathoracic pressure falls \rightarrow RA pressure falls
 - Exhalation: Intrathoracic pressure increases → RA pressure increases



Kern MJ. Right Heart Catheterization. CATHSAP II CD-ROM. Bethesda, American College of Cardiology, 2001.

RV Tracing

- Rapid upstroke representing isovolume contraction
- Downslope presents isovolumetric relaxation



Abnormalities in RV Tracing

- Systolic pressure overload
 - PHT
 - Pulmonary valve stenosis
 - Right ventricular outflow obstruction
 - Supravalvular obstruction
 - Increased pulmonary vascular resistance

 High diastolic pressure (tamponade, restrictive cardiomyopathy, diastolic dysfunction – ToF)

PA Tracing

- Biphasic
- Dichrotic notch often well seen
- PAd = PCW = LA = LVEDp



Right Heart Catheterisation Abnormalities in PA Tracing

- Elevated systolic pressure when mean PAp:
- > 25mmHg (Mild), > 35mmHg (Moderate), >45mmHg (Severe)
 - PHT
 - MS
 - MR
 - CHF
 - Restrictive cardiomyopathy
 - Left-to-right shunt
 - Pulmonary disease

Pressure Measurement Wedge Pressure

- Wedge Pressure
 - Pressure obtained when an end-hole catheter is positioned in a "designated" blood vessel with its open end-hole facing a capillary bed, with no connecting vessels conducting flow into or away from the "designated" blood vessel between the catheter's tip and the capillary bed
 - True wedge pressure can be measured only in the absence of flow, allowing pressure to equilibrate across the capillary bed



Baim DS and Grossman W. Cardiac Catheterization, Angiograp

Baltimore:

Right Heart Catheterisation Left Atrial and PCW Pressure

- PCW tracing "approximates" actual LA tracing but is slightly delayed since pressure wave is transmitted retrograde through pulmonary veins
- Diastolic PAp = PCWp = LAp = LVEDp



Baim DS and Grossman W. Cardiac Catheterization, Angiography, and Intervention. 5th Edition. Baltimore: Williams and Wilkins, 1996.

Right Heart Catheterisation Right vs Left Atrial Pressure

• Normal LA pressure slightly higher than RA pressure



Kern MJ. Right Heart Catheterization. CATHSAP II CD-ROM. Bethesda, American College of Cardiology, 2001.

Right Heart Catheterisation Abnormalities in PCWP Tracing

• PCWP not equal to LV end diastolic pressure

- Mitral stenosis
- Cor triatriatum
- Pulmonary venous obstruction
- Decreased ventricular compliance

Right Heart Catheterisation Abnormalities in PCWP Tracing

• Severe Mitral Regurgitation



Left Atrial Pressure

"V" wave more pronounced than "a" partly because of pulmonary vein contraction

Dominant a wave: Either LA outlet obstruction or TAPVC

In MR, "v" wave becomes enlarged, representing increased atrial filling via an incompetent LAVV.

Left Ventricular Pressure

Systole

• The upstroke of the LV trace tends to be more rapid with a flatter plateau phase

• Diastole

• The diastolic upstroke tends to have a more pronounced end diastolic hump



Left Heart Catheterisation Abnormalities in LV Tracing

• Severe Aortic Stenosis



Left Heart Catheterisation Abnormalities in LV Tracing

• Elevated LVEDp

- CHF
- Diminished compliance
- Hypertrophy
- Tamponade
- Mitral regurgitation
- Pericardial constriction
- Restrictive cardiomyopathy

Cardiac Catheterisation Shunts

- SVC
- IVC
- RA
- PA
- RPA / LPA
- LA
- Ao
- PVs

Shunt Detection & Measurement

• Fick Principle

- Pulmonary circulation (Qp) utilises PA and PV saturations
- Systemic circulation (Qs) utilises Ao and mixed venous Sats

$$O_2 \text{ content} = 1.36 \text{ x Hgb x } O_2 \text{ saturation}$$
$$Qp = \frac{O_2 \text{ consumption}}{(PvO_2 - PaO_2) \text{ x 10}}$$

Shunt and PVR assessment

Qp : Qs Ratio =

 $(AoO_2 - MVO_2) / PvO_2 - PaO_2$

Sats: (Ao-MVO₂) / (PV-PA)

PVR (WU.m²) = Transpulmonary gradient (MPA- LA) / PA flow in lt.min.m²

Cardiac Output /PVR Measurement XMR method

Cardiac catheterisation:

Right heart catheter and assessment of PAp and LAp (or PA wedge)

MRI:

Assess Qp (and shunts / anatomy as required)

2

PVR (WU.m)= Transpulmonary gradient (MPA- LA (or PA₂wedge) /

PA flow in lt.min.m *

 * selected phase contrast flow images at rest and with 100 FiO $_{2}^{\prime}$ / NO $_{2}^{\prime}$





PVR Assessment

Condition I: FiO2 21%

Condition II: FIO2 100%

Condition III: FiO2 100% + 20ppm NO

PVR < 3 OK

PVR 3-7 Borderline

PVR > 7 Inoperable





Thank you

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